

3D Drumchapel



JOHN MUIR AWARDS
FAMILY GROUP
IMPACT REPORT

Award Goals



The John Muir Award scheme encourages people to connect with, enjoy, and care for wild places. Four challenges lie at the heart of the Award

O Discover a wild place

O Explore it

O Conserve it

O Share your experiences

We ran five 5-hour sessions over the summer, taking families to discover outdoor spaces both on their doorstep and further afield



We explored and helped conserve Garscadden wood



We learned about nature and history in Chatelherault Country Park



We took all the families to experience Loch Lomond and Balmaha

3D's WORK



Family Feedback



The feedback from everyone involved, both parents and children, was overwhelmingly and consistently positive, with every parent rating the programme as "Excellent" or "Very Good". The results suggest families feel the programme had a strong impact on their personal development as well as their engagement with the wider community

"We had a wonderful time being outdoors and meeting people"

"It's a great time for families to come together as a community and work together"

"The programme has been fantastic. Improved my confidence and children's confidence too. Made lots of new friends, built up relationships."



100% of parents and children had fun and enjoyed the programme



86.67% of parents and children said it made them feel happier or more positive



100% of parents and 89% of children said it made them more engaged with their community



100% of parents feel the programme made them better able to set and achieve goal



100% of parents and children said they had become closer with their family



88.89% of children said the programme made them feel more confident

The facts

This is the second group 30 have used the John Muir Award initiative with, and the first we have done with a family focus. 15 people took part over the 25 hours of the programme: 6 parents and 9 children

Questions	No. parents agree	% parents agree	No. children agree	% children agree	% Total agree
1. I had fun and enjoyed the programme	6	100.00%	9	100.00%	100.00%
2. I feel better, happier or more positive	6	100.00%	7	77.78%	86.67%
3. I make better choices or decisions	5	83.33%	7	77.78%	80.00%
4. I made friends or met new people	6	100.00%	9	100.00%	100.00%
5. I feel less lonely and isolated	3	50.00%	n/a	n/a	n/a
6. I read or enjoy reading more	2	33.33%	n/a	n/a	n/a
7. I feel closer to or interact more with my family	6	100.00%	9	100.00%	100.00%
8. I feel more respected by others (eg peers, parents, family)	0	0.00%	n/a	n/a	n/a
9. I am more considerate or respectful of others	6	100.00%		100.00%	100.00%
10. I am more responsible and reliable	5	83.33%	n/a	n/a	n/a
11. I am better able to cope with change or difficulties	5	83.33%	n/a	n/a	n/a
12. I am better able to manage my finances, money or budget	1	16.67%	n/a	n/a	n/a
13. I am better able to set and achieve goals	6	100.00%	n/a	n/a	n/a
14. I am better at time keeping, time management for making appointments		50.00%	n/a	n/a	n/a
15. I feel more confident, able and ready to work	1	16.67%		88.89%	60.00%
16. I feel safer or more secure	1	16.67%	8	88.89%	60.00%
17. I feel more informed about my community or involved in my community	6	100.00%	8	88.89%	93.33%
18. I know more about Glasgow Life or I will try another Glasgow Lifeservice	6	100.00%		88.89%	93.33%
19. I know more about 30 or I will try another 30 service	n/a	n/a		100.00%	n/a
20. I learned or tried something new	n/a	n/a	8	88.89%	n/a
21. I feel healthier or more active	n/a	n/a	8	88.89%	n/a

Participant qualitative feedback

The parents were asked to rank the programme on a five-point scale (Excellent to Poor). Two thirds (4) rated the programme as "Excellent" and one third rated it as "Very Good." They were also asked "please tell us why you gave us this rating." These are their answers:

"We learned a whole variety of things from discovering, exploring, conserving. We learned about the environment, met new families, family bonding, learned some history about John Muir and his life."

"My son has Aspergers and during the summer holidays its really bad for him not having a routine but John Muir has given him a task to do each week and some sort of routine for his holidays. We didn't get a holiday this year as I am on maternity leave. We have a wonderful time being outdoors and meeting people"

"I really enjoyed myself and I loved that my partner was starting to love the outdoors"

"I love been [sic] out and my family love it too"

"Made me feel more happy in the past few weeks. How to get more out of a team:-"

"The programme has been fantastic. Great friendly staff who are very understanding. Improved my confidence and my children's confidence too. Found out lots of interesting facts about all different things, including John Muir, environment, wildlife, etc. Made lots of new friends, built up relationships and same for children"

Parents were asked four additional and optional qualitative questions: how they have improved, the difference the programme is making to their life, how they are progressing, and any other comments. Here are all the answers provided

Please tell us about how you have improved

"Became a better dad, bonded and understand better with my kids"

"How much 3D be so much help in my life and support me as a family and the John Muir class"

Please tell us more about how you are progressing

"Interested to find out what's available for my son"

"Will look to take up volunteering with 3D or another Glasgow Life project"

Please tell us more about the difference the programme is making to your life

"Building and exploring outdoors with my children"

"More confident in my self"

"It gave my son some structure to his summer holidays. Very beneficial to him."

"3D"

Is there anything else you would like to tell us about your programme?

"Love have fun and help each other"

"It's a great time for families to come together as a community and work together"

