This Proposal Form helps you plan and deliver a John Muir Award at your [chosen level](https://www.johnmuirtrust.org/award-criteria-and-levels). It enables John Muir Trust staff to offer support and advice and helps ensure that your plans lead to successful completion of Awards.

**Before submitting this form please ensure:**

1. You and/or your group is [suitable](https://www.johnmuirtrust.org/award-suitability) for the John Muir Award and will be able to meet its [criteria](https://www.johnmuirtrust.org/award-criteria-and-levels)
2. You have planned activities for all four John Muir Award challenges
3. You send this to us at least two weeks before starting Award activity to confirm your Award registration

**Please email to** **info@johnmuiraward.org**in word document format. (If sending by post please print clearly)
We send occasional emails about the John Muir Award that may be of interest to you. We will not share details with any third parties\* **Please tick here if you would like to hear from us** [ ]

**About you/your organisation:**

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| --- | --- | --- | --- |
| **Contact person:** |  | **Date form sent:** | (dd/mm/yyyy) |
| **Name of group/organisation or individual/family:** |  |
| **Address:** |  |
| **Contact phone number:** |  | **Email:** |  |

**About your Award:**

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| --- | --- | --- | --- |
| **Award level:**  | Discovery*4 days (or 25+ hours equivalent) minimum* |[ ]  Explorer*8 days (or 50+ hours equivalent) minimum* |[ ]  Conserver*20 days (or 125+ hours equivalent) minimum* |[ ]
| **Total number of participants:** |  | *Please indicate number of Welsh and Gaelic language participants, if applicable:* | Welsh participants |
| **Total number of leaders:** |  |  | Gaelic participants |
| **Start date:** | (dd/mm/yyyy) | **Finish date:** | (dd/mm/yyyy) |
| **Breakdown of time commitment:** | E.g. number of days, hours spent per week, residential length. |

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| **Summary of Award Proposal:** Outline the main themes/aims of what you plan to do and the main reasons for using the John Muir Award. Is any evaluation taking place for this activity/work/project? Are any organisations or partners helping towards this Award?  |
| **Group background:** Include details such as who the group is, age ranges, referral process,other relevant information |

**Optional Resources**

**Record Books:** Download print version from our [website](https://www.johnmuirtrust.org/john-muir-award/key-documents/downloads) or email info@johnmuiraward.org to request hard copies at £1 each.

**Record eBook:** This is a free digital resource to help participants capture and share John Muir Award experiences. Take a look [here](https://www.johnmuiraward.org/recordebook) and contact your Award Manager to create an account.

Outline how you plan for all individuals involved to meet the Four John Muir Award Challenges. See [johnmuiraward.org](http://www.johnmuiraward.org) for information, resource guides, ideas and case studies.

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| **Consider how you will introduce John Muir into your Award activity** |
| **Discover a wild place****Where/what is your wild place (or places)?**This can be school grounds, local park, beach, woods, river, mountain or national park…Briefly:Where will your activity take place? (Note all the places you will visit).What is the natural character of your chosen place(s)? What makes it special for you/your group?Why is it a suitable place for your Award activity?  |  |  | **Explore it****Tell us what you’ll do to increase your awareness and understanding. How will you experience, enjoy and find out more about your wild place(s)?**You might:Visit it at different times of day and night, in different seasons, alone or with others.Travel extensively – walk, camp, bike, canoe.Sit, look, listen - engage senses. Identify and find out more about landscapes, habitats and living things (biodiversity), and how they connect. Make maps. Take photographs. Research local geology, natural and cultural history. |
| **Conserve it****How will you care for your wild place(s), take some personal responsibility, make a difference, put something back?**Take practical action for nature - wildlife or pollution surveys, litter picks and audits, tree or shrub planting, grow plants for wildlife or clear invasive plants, create or monitor habitats…Campaign and inform others to highlight an environmental issue or help protect a wild place.Apply minimum impact approaches to your activity.Make sustainable choices and take climate action. | PUT BACK |  | **Share your experiences****Tell others about what you’ve done – experiences, achievements, feelings, what’s been learned. Celebrate!**Reflect, review and discuss your adventures and experiences in wild places – do this during as well as after, informally or more formally. Share an increased awareness of John Muir. Use [discoverjohnmuir.com](file:///C%3A%5CUsers%5Cnikki.gordon%5CDesktop%5CAdmin%20Updates%5CProposal%20Form%5Cdiscoverjohnmuir.com) You might:Make a display of photos, drawings, stories, poems, artwork. Make a group diary – as a book, wall display or film. Organise a presentation. Lead a guided walk around your wild place(s). Use newsletters, websites and social media #JohnMuirAward.  |