



John Muir Award Proposal Form

Outline your activity and describe how you will meet the Four John Muir Award Challenges

This Proposal Form is an aid to your planning and delivery of a John Muir Award, at Discovery, Explorer or Conserver Level. It enables Award staff to offer support and advice, and helps ensure that your Proposal will lead to successful completion of Awards.

Responsibility for ensuring adequate health & safety, legal and insurance arrangements lies with the group/organisation (or individual/ family) that is setting up activity towards achieving John Muir Awards.

Refer to the key documents page at johnmuiraward.org for Information Handbook and Award Criteria.

Send your Proposal Form to your appropriate regional John Muir Award contact **at least 2 weeks** before starting. If not known, please see the Contact page at johnmuiraward.org. (Alternatively, send to info@johnmuiraward.org, or John Muir Award, 41 Commercial Street, Edinburgh EH6 6JD.)

By completing this form you are consenting to the data being held by John Muir Trust and partners* for the registration of your John Muir Award and ongoing support. To view our Privacy Policy please go to www.johnmuirtrust.org/privacy-policy.

Occasionally we would like to send you emails about the John Muir Award that may be of interest or help with ideas to achieving your Awards. **Please tick here to give your consent to these emails.** You can unsubscribe at any time and we will not share your details with other third parties.

| | | | |
|--|-----------------|---------------|--|
| contact person | | date | |
| group/organisation or individual/family address | | | |
| | postcode | | |
| phone | | e-mail | |
| mobile | | web | |

Are any organisations or partners helping towards this Award?

Summary of Award Proposal **Select Award level**

Outline the main aims and themes of what you plan to do. What is/are your main reason/s for using the John Muir Award?

Group background

Include details such as: who the group is, age ranges, group size, any referral process, other relevant points.

Start date **Finish date**

Estimated time commitment E.g. number of days, hours spent per week, residential length

Is any evaluation taking place for this activity/work/project?

How many people are participating? participants leaders/staff

Record books: 1: Download print-ready PDF from website key documents page for free **OR**
2: Request hard copies (£1 per copy)

*Partners include Cairngorms National Park Authority and Lake District National Park Authority.

Outline how you plan for all individuals involved to meet the Four John Muir Award Challenges.

See johnmuiraward.org for information, resources, ideas and case studies. Consider how you will introduce John Muir into your Award activity.

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|---|-----------------|-------------------|--|
| <p>Discover a wild place</p> <p>Where/what is your wild place (or places)?</p> <p>This can be school grounds, local park, beach, woods, river, mountain or national park...</p> <p>Briefly:</p> <p>Where will your activity take place? (Note all the places you will visit).</p> <p>What is the natural character of your chosen place(s)?</p> <p>What makes it special for you/your group?</p> <p>Why is it a suitable place for your Award activity?</p> | <p>PLACE</p> | <p>ACTIVITIES</p> | <p>Explore it</p> <p>Tell us what you'll do to increase your awareness and understanding. How will you experience, enjoy and find out more about your wild place(s)?</p> <p>You might:</p> <p>Visit it at different times of day and night, in different seasons, alone or with others.</p> <p>Travel extensively – walk, camp, bike, canoe.</p> <p>Sit, look, listen - engage senses.</p> <p>Identify and find out more about landscapes, habitats and living things (biodiversity), and how they connect.</p> <p>Make maps. Take photographs.</p> <p>Research local geology, natural and cultural history.</p> |
| <p>Conserve it</p> <p>How will you care for your wild place(s), take some personal responsibility, make a difference, put something back?</p> <p>Take practical action for nature - wildlife or pollution surveys, litter picks and audits, tree or shrub planting, grow plants for wildlife or clear invasive plants, create or monitor habitats...</p> <p>Campaign and inform others to highlight an environmental issue or help protect a wild place.</p> <p>Apply minimum impact approaches to your activity.</p> | <p>PUT BACK</p> | <p>SHARE</p> | <p>Share your experiences</p> <p>Tell others about what you've done – experiences, achievements, feelings, what's been learned. Celebrate!</p> <p>Reflect, review and discuss your adventures and experiences in wild places – do this during as well as after, informally or more formally.</p> <p>You might:</p> <p>Make a display of photos, drawings, stories, poems, artwork.</p> <p>Make a group diary – as a book, wall display or film.</p> <p>Organise a presentation.</p> <p>Lead a guided walk around your wild place(s).</p> <p>Use newsletters, websites and social media.</p> |