

# Sandwood

## JOHN MUIR TRUST

### Exploring Sandwood

You can reach Sandwood Bay by walking four miles from the car park at Blairmore across exposed moorland. Parts are uneven and often wet so be prepared and dress appropriately - weather conditions change quickly in coastal environments.

Remember that Sandwood is an active crofting estate and dogs should remain on leads and respect gates, fences and those working the land.

Sandwood is a popular destination. If you find the car park full, please leave the grass verges wild and park at our other car parks located at Polin, Dromin or Sheigra.

The map on this leaflet is for illustrative purposes only and is not intended for navigation.

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